

RASPORED HEBRANGOVA – 17.01.2022

Forma	<i>Ponedjeljak</i>	<i>Utorak</i>	<i>Srijeda</i>	<i>Četvrtak</i>	<i>Petak</i>
10:00					
16:30	PILATES	TOTAL BODY	PILATES	TOTAL BODY	LEGS GLUTE CORE
17:30	LEGS GLUTE CORE	POWER PILATES	LEGS GLUTE CORE	POWER PILATES	DANCE
18:30	FORMA DRILL CONDITIONING	STRONG Nation	FORMA DRILL CONDITIONING	STRONG Nation	FORMA DRILL CONDITIONING
19:30	LIFT&PUMP	ZUMBA	BRAZIL BUT LIFT	ZUMBA	LIFT&PUMP
20:30		BOKS	DANCE	BOKS	

RASPORED MARTIĆEVA – 17.01.2022.

FORMA FACTORY	<i>Ponedjeljak</i>	<i>Utorak</i>	<i>Srijeda</i>	<i>Četvrtak</i>	<i>Petak</i>
17:00	BOOTY& CORE	PILATES	BOOTY& CORE	PILATES	
18:00	CARDIO& CORE	FIT & SHAPE	CARDIO& CORE	FIT & SHAPE	BOOTY& CORE
19:00	FORMA DRILL STRONG	FIT BOKS	Forma drill STRONG	FIT BOKS	FORMA DRILL STRONG
20:00	FIT BOKS	FORMA DRILL CONDITIONING	FIT BOKS	FORMA DRILL CONDITIONING	FIT BOKS

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